QUICK START GUIDE

80% LESS OIL RAPID HEATWAVE TECHNOLOGY

QUICK START

It is recommended that you preheat the air fryer for 3 minutes before cooking. Alternatively, add 3 minutes to cooking time if you haven't preheated the airofryer[™].



 $\begin{array}{c} \mbox{PULL} & \mbox{the basket} \\ \mbox{handle} & \mbox{CAREFULLy} \\ \mbox{to REMOVE} & \mbox{the pan and} \\ \mbox{basket from the main hub of} \\ \mbox{the airofryer}^{\mbox{TM}}. \end{array}$



2 PLACE ingredients into the basket for cooking. TAKE CARE not to OVERFILL the basket or EXCEED the recommended amount as this could affect the cooking quality.



3 INSERT the pan and basket back into the main hub of the air fryer, ENSURING that the pan CLICKS into place SECURELY.

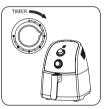


 4
 TURN the temperature control dial

 CLOCKWISE
 to the required setting, unless you have already preheated the airofryer™.



7 Ding! Once the timer has finished, the airofryer™ will turn off AUTOMATICALLY to indicate the cooking has COMPLETED.



5 DETERMINE the required cooking time for the ingredient and TURN the timer CLOCKWISE to that required timing position.



6 Cooking in the airofryer™ will now commence.



8 PULL the basket handle carefully to **REMOVE** the pan and basket from the main hub of the airofryer[™].



9 PRESS the basket release button to **REMOVE** the basket from the pan and **SERVE**.

Note: If you feel the ingredients need to be cooked a little longer, simply repeat these steps, setting the timer to a few extra minutes.



COOKING GUIDE

INGREDIENTS	MIN-MAX QUANTITY (g)	COOKING TIME (min)	COOKING TEMPERATURE (°C)	EXTRA INFORMATION
FRIES				
Thin Frozen French Fries	300-700	9-16	200	Remove and shake the basket mid way through cooking cycle.
Thick Frozen French Fries	300-700	11-20	200	Remove and shake the basket mid way through cooking cycle.
Home Made French Fries (8mm thick)	300-800	16-20	200	Add ½ tbsp. oil to coat the fries. Remove and shake the basket mid way through cooking cycle.
Home Made Potato Wedges	300-800	18-22	180	Add ½ tbsp. oil to coat the fries. Remove and shake the basket mid way through cooking cycle.
MEAT				
Steak	100-500	8-12	180	
Sausages	100-500	7-14	180	Defrost first.
Pork Chops	100-500	10-14	180	
Hamburger	100-500	7-14	180	
Bacon	100-500	4-8	180	Line basket with tin foil.
Sausage Roll	100-500	13-15	200	
Chicken Drumsticks	100-500	18-22	180	
Chicken Breast	100-500	10-15	180	
SNACKS				
Spring Rolls / Samosas	100-400	8-10	200	Remove and shake the basket mid way through cooking cycle.
Frozen Chicken Nuggets	100-500	6-10	200	Remove and shake the basket mid way through cooking cycle.
Frozen Fish Fingers	100-400	6-10	200	
Baked Potato	100-500	12-15	200	
Breaded / Battered Fish	100-500	12-15	200	
BAKING				
Cake (Sponge)	300	20-25	160	
Quiche	400	20-22	180	
Muffins	300	15-18	200	