## QUICK START GUIDE

### 80% LESS OIL! RAPID HEATWAVE TECHNOLOGY!

### QUICK START

It is recommended that you preheat the air fryer for 3 minutes before cooking. Alternatively, add 3 minutes to cooking time if you haven't preheated the airofryer<sup>™</sup>.



**1** PULL the basket handle CAREFULLY to REMOVE the pan and basket from the main hub of the airofryer™



**4 PRESS** +/- on the temperature control to the required setting. Unless you are using a Preset Function.



7 Ding! Once the timer has finished, the airofryer™ will turn off AUTOMATICALLY to indicate the cooking has COMPLETED.



2 PLACE ingredients into the basket for cooking. TAKE CARE not to OVERFILL the basket or EXCEED the recommended amount as this could affect the cooking quality.



**5 PRESS** +/- on the time control to the required time setting. Unless you are using a Preset Function.



3 INSERT the pan and basket back into the main hub of the air fryer, ENSURING that the pan CLICKS into place SECURELY. Then Press ON.



6 COOKING will commence when you press ON button.



**8** PULL the basket handle carefully to **REMOVE** the pan and basket from the main hub of the airofryer™. Be **CAREFULL** of Hot Steam



**9 PRESS** the basket release button to **REMOVE** the basket from the pan and **SERVE**.

**Note:** If you feel the ingredients need to be cooked a little longer, simply repeat these steps, setting the timer to a few extra minutes.

#### PRESET BUTTON SELECTION

PRESET BUTTON COOKING CHART					
	Preset Button	Temperature	Time		
<b>*</b>	Frozen Chips	200°c	16 mins		
,	Chicken Drumstick/Thighs	180°c	20 mins		
Ø	Steak (1-inch thick)	200°c	12 mins		
*	Fish (1-inch thick)	200°c	10 mins		
୭	Fresh Potato Wedges/Chips	150°c	15 mins		
۶	Chicken Wings	200°c	12 mins		
	Bacon/Sausages	190°c	6 mins		

# COOKING GUIDE

	MIN-MAX COOKING		COOKING		
INGREDIENTS	QUANTITY (g)	TIME (min)	TEMPERATURE (°C)	EXTRA INFORMATION	
FRIES					
Thin Frozen French Fries	300-700	9-16	200	Remove and shake the basket mid way through cooking cycle.	
Thick Frozen French Fries	300-700	11-20	200	Remove and shake the basket mid way through cooking cycle.	
Home Made French Fries (8mm thick)	300-800	16-20	200	Add ½ tbsp. oil to coat the fries. Remove and shake the basket mid way through cooking cycle.	
Home Made Potato Wedges	300-800	18-22	180	Add ½ tbsp. oil to coat the fries. Remove and shake the basket mid way through cooking cycle.	
MEAT					
Steak	100-500	8-12	180		
Sausages	100-500	7-14	180	Defrost first.	
Pork Chops	100-500	10-14	180		
Hamburger	100-500	7-14	180		
Bacon	100-500	4-8	180	Line basket with tin foil.	
Sausage Roll	100-500	13-15	200		
Chicken Drumsticks	100-500	18-22	180		
Chicken Breast	100-500	10-15	180		
SNACKS					
Spring Rolls / Samosas	100-400	8-10	200	Remove and shake the basket mid way through cooking cycle.	
Frozen Chicken Nuggets	100-500	6-10	200	Remove and shake the basket mid way through cooking cycle.	
Frozen Fish Fingers	100-400	6-10	200		
Baked Potato	100-500	12-15	200		
Breaded / Battered Fish	100-500	12-15	200		
BAKING					
Cake (Sponge)	300	20-25	160		
Quiche	400	20-22	180		
Muffins	300	15-18	200		